Whenuapai School

14 Airport Road, Auckland New Zealand

Newsletter - 14 October 2025

Kia ora e te whānau,

It's been a fantastic start to Term 4. We are absolutely delighted to have all our families back at school, and it's wonderful to see how quickly everyone has settled into the new term. The classrooms and playgrounds are buzzing with energy and full of smiling faces, and it's heartening to watch students reconnect with their friends and ease back into the routines of school life.

We are incredibly proud of the progress our learners have made so far this year. With just one term remaining, our focus will be on ensuring that every student continues to grow, develop, and reach their full potential. Your support plays a crucial role in your child's learning journey, and we are truly grateful for your ongoing involvement. If you would like guidance or ideas on how to support your child's learning at home, please don't hesitate to get in touch with your child's teacher.

In exciting news, the internal painting of the school hall has now been completed, and it looks absolutely fantastic. We are currently waiting for the installation of the wall linings before the space is fully ready to use. We can't wait to welcome our community back into the hall for the Halloween Disco on Thursday, 30th October. It promises to be a wonderful celebration and a perfect opportunity to enjoy the refreshed space.

2026 - Looking ahead, we have begun the process of organising classes for 2026. If you have any requests you would like us to consider for your child, please email Rebecca Archer at dp@whenuapai.school.nz. While we value and appreciate your input, please understand that it may not be possible to accommodate all requests. At this stage, we are still finalising teacher placements for next year, and we will share the confirmed school organisation before the end of the school year.

School Board - We are also very excited to introduce our new school board. Congratulations to Jane Knobloch, who has been elected as our new Presiding Member. A huge thank you to everyone who participated in the recent elections, and special congratulations to all of our newly elected members. Your commitment to supporting our school community is greatly appreciated.

Parent Sports Meeting - We would also like to invite our school community to a Whenuapai School Sports Programme Meeting on Tuesday, 21 October, from 6:00–7:30pm in the Whare Hui at the Senior Campus. Following the departure of our HOD Sport earlier this year, we restructured our sports programme, with two staff members now overseeing key areas: School Sporting Events (such as Cross Country, the Tough Guy/Gal Challenge, and North West Sports Days) and Affiliate Sports (including basketball, flippaball, touch, netball and more). This meeting is an opportunity to share how the new structure is working, celebrate the strengths of our current programme, review our fee and payment processes, and discuss how we can continue to provide a wide range of sporting opportunities for our learners. We also welcome your feedback, ideas, and any expressions of interest for the 2026 AIMS Games. We encourage all whānau to come along and help shape the future of sport at Whenuapai School.

Thank you once again for being such a supportive and engaged school community. Together, let's make Term 4 a wonderful and memorable one for all of our students!

Reminders:

- A Busy Term Ahead! Term 4 is always a full and exciting time at Whenuapai School. We have a number of key events coming up, including Athletics Day, Mistletoe Mania, and our Year 8 Graduation celebrations. Please keep an eye on the school calendar and weekly updates on HERO for dates and details.
- 2026 Intentions Form Years 6 & 7 Families A reminder for families with children currently in Years 6 and 7 to complete the 2026 Intentions Form. This helps us with planning for class placements and resourcing.
 - You can complete the form here
- Planned Teacher Strike Thursday, 23 October: School will be closed for the day. Please see the attached sKids poster for a childcare option, if needed.
- Last Day of Term: Monday, 15 December, finishing at 3.00pm.
- Teacher Only Days: Tuesday, 16 and Wednesday, 17 December have been approved as teacher-only days.

Ngā mihi nui, Adam Cels





No Cash Sales at the School Office

From Term 4 onwards, the school office will no Longer accept cash payments over the counter. No Cash - Card only



Payments can still be made via EFTPOS at the office, or online through Kindo for all items such as donations, sports, trips, and other payables.

We encourage all families to set up their School Kindo account to make payments easier and more convenient.

Thank you for your understanding and support as we move towards a safer and more efficient cash-free system.





Save the Date

Friday, 12 December 2025 - 4.00-7.00pm

Mark your calendars – Thursday 12 December is our much-loved Mistletoe Mania, one of the absolute highlights of the school year! Led by the incredible Bailey Greer and her team, this event promises to be one you won't want to miss. When the call goes out for helpers, we'd love our school community to get behind the team and support in any way possible.



Term Dates

Meet the Teacher Day: Thursday 5 February 2026

Term 1

- Starts Monday, 9th Feb
- Ends Thursday, 2nd April

- Term 2 Starts Monday, 20th April
 - Ends Friday, 3rd July

- Term 3 Starts Monday, 20th July
 - Ends Friday, 25th September

Term 4

- Starts Monday, 12th October
- Ends Friday, 18th December

Huge congratulations to Charvik S, our Term 3 Donation **Draw Winner!**

Charvik has won back their donation payment.

Two more draws to come in Term 4 make sure you're in to win!



Book Club Issue 7 Available Now

Issue 7 PDF

Click to View & Order









Mana - Everyone has big feelings sometimes. Managing strong emotions like anger, frustration, or sadness with awareness and restraint helps protect your own mana.

TIPP: A Cool Way to Calm Big Feelings



When Do I Use TIPP Skills?

- ✓ When I feel angry, frustrated, or upset.
- ✓ When I feel anxious, nervous, or panicky.
- ✓ When I feel sad or overwhelmed.

When your feelings feel HUGE, the TIPP skill helps you calm down, think clearly, and make good choices!

What Does TIPP Stand For?

T – Temperature - Cool your body to calm your brain.

Try this:

- Splash cold water on your face.
- Hold an ice cube to your face
- Go outside for a moment if it's cold.

I – Intense Exercise - Use short bursts of vigorous activity to burn off emotional energy.

Try this:

- Running on the spot, jumping jacks, dancing, stomping feet, throwing a soft ball, or push-ups.
- P Paced Breathing Slow, controlled breathing to reduce physiological physical response to emotions.

Try this:

- Inhale through nose (smell a flower), exhale through mouth (blow a candle).
- Breathing in for 4 counts, out for 6 counts, or using a balloon-breathing activity.

P - Progressive Muscle Relaxation - Tense and then relax different muscle groups to release tension.

Try this:

- Squeeze muscles tight (superhero), then let go (spaghetti noodle).
- Squeezing fists tightly then releasing, or shrugging shoulders up and down slowly.

How you can help at home:

- Begin with a question "Do you sometimes struggle with big emotions, meltdowns, or frustration?"
- Normalise these emotions "You are not alone. Everyone feels this way sometimes."
- Introduce the TIPP skill as a tool that can help us calm down and think more clearly.

Pb4l Continued Students have also been learning about



Being mindful and present in the moment

Students have been learning that it is important to sometimes take time to focus on our breathing and be present in the moment.

3 ways to practice being mindful and present

1. Mindful Breathing

Smell the flower, blow out the candle.

2. Mindful Movement

A slow walk, stretch, or gentle yoga.

3. Mindful Eating

Slowly eat a small snack. Notice the smell, the taste and the feel of it in your mouth.

Relaxation Breathing



Breathe in.

ANIMAL YOGA



I am a giraffe. **EXTENDED MOUNTAIN POSE**



I am an elephant. STANDING WIDE-LEGGED POSE



I am a dog. DOWNWARD-FACING DOG POSE

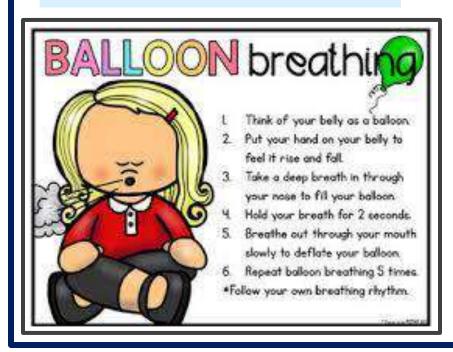


am a cat. CAT POSE



I am a butterfly. COBBLER'S POSE

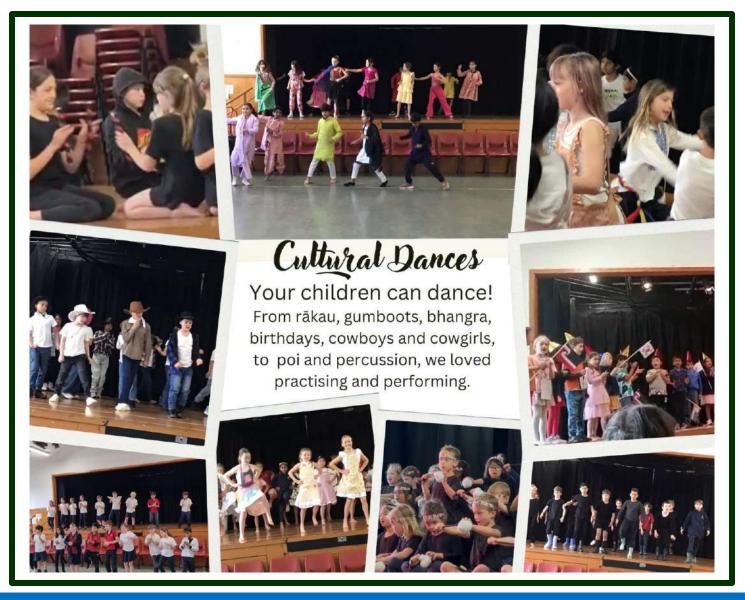




A few pics from Term 3's Cultural Performance









Whenuapai School is working towards being a Green/Gold EnviroSchool!



Please help us look after our School property!

We need your support with:



- Nood Food (pack rubbish free lunchboxes)
- Label School Uniform Items (esp. jumpers)
- Walk, bike, scooter, bus or carpool to school on Wednesdays (and as often as you can!)
- <u>Compost</u> food scraps to help our gardens grow
- Recycle paper, cardboard, glass & plastics (1,2 &5)
- Be a tidy Kiwi (don't litter!)







School Notices:



For our Policies and Procedures please visit SchoolDocs at:

www.schooldocs.co.nz/

User – whenuapai Password – airport

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Concerns or Complaints

Managing complaints appropriately, using fair and consistent practice, is an important part of how we support our school community.

If you have a concern, we encourage you to follow the process outlined in our school's policies.

You can find the full procedure on our SchoolDocs website:



Click Here

New spaces are now available:



MUSIC LESSONS at Whenuapai School

Would you like in-school lessons with a professional Music Tutor with many years of teaching experience? You can enrol your child in drum, trumpet, sax, clarinet, keyboard, guitar or ukulele lessons at Whenuapai School!

We deliver a fun, varied and structured curriculum. Students learn songs in styles ranging from traditional to contemporary during school hours.

For more information on Trumpet, Sax, Clarinet, Keyboard, Ukulele and Guitar lessons, contact Gloria Arboleda Martinez gloria.arboleda@musighub.co.nz Ph 0274 422 654

For more information on drum lessons. contact Paul Barry Ph 022 198 0044

MUSIQHUB

NumberWorks

Your children are amazing already. We just help them prove it. numberworksnwords.com/nz & MATHS NorthWest. Ph 416 3123

Click here for a free assessment & trial lesson.

Email: northwest@numberworks.com



Lessons for life

Hilton Brown Hobsonville

https://swim.school.nz/

5 Rawiri Place, Hobsonville. Ph: 09 666 0240

EMAIL



After School - we'll feed them a nutritious afternoon tea, run a fun activity, and make sure homework is done so you don't have to worry about it! Whether you need care for full weeks or just a few days, your child will be safe, supported, and having fun. School Holidays - Our programmes are packed with crafts, science, sports, games, and challenges—plus exciting trip days to explore the community!

Contact: whenuapai@skids.co.nz or 021 174 8473



BOOK HERE



NETBALL SUMMER SKILLS 2025

Hobsonville Point Secondary School are offering a FREE summer netball skills programme during Term 4.

Location:

Hobsonville Point Secondary School Courts

When

Starting Friday 17th October at 3:30PM-4:45PM, HPSS outdoor courts

Ages:

Open to Year 7 - 13 students

Cost:

All sessions are FREE

With who:

HPSS Premier 1 coach, Nat Pati

sports@hobsonvillepoint.school.nz



Term 4 Activities









Parent Portal

Linewize is a FREE online safety tool available to all our families and here's how it can help:

- See What Your Child Sees: Linewize allows you to see a filtered report of your child's browsing activity, including websites and search terms. This gives you a springboard for discussions about online content.
- **Spark Conversations:** Use Linewize reports to talk to your child about what they find interesting online. This is a great opportunity to teach critical thinking skills and discuss online dangers.
- **Set Boundaries Together:** Linewize allows you to set website filters and time limits for your child's internet use. Work with your child to create a safe and responsible online routine.

For more information, please visit https://whenuapai.onlinesafetyhub.nz/

Our school is proud of the work we do to foster and promote positive relationships and social skills through our restorative PB4L approach. We place great emphasis on our core values and provide engaging behaviour lessons to empower students to make positive choices.

With your help and support, we can continue to guide our tamariki on their journey towards responsible online behaviour and overall well-being.

Thank you for being an important part of our community.





School Uniform

You can now purchase our school uniform not only online via the <u>Argyle Online website</u> but also in person at Argyle's retail shop, giving you the option of a full in-store shopping experience.

Retail Store Location:

- Unit 4, 91 Central Park Drive, Henderson
- Retail Store Term Hours: 3.00-6.00pm Tuesdays and Thursdays.

For the best service, we recommend booking a fitting appointment. Simply visit our school's page on Argyle Online and click on 'Book a Fitting'.

Please note: Limited parking is available in front of the store.

Click Here to Book a Fitting





Book now at sKids.co.nz/book

6th October - 19th December 2025

0800 274 172

Please ensure all food complies with allergy guidelines. Contact your service for detailed information. TERM 4



What's on this term

6th -10th October



STEM Superstars

Get ready for a week filled with fun STEM activities! Engineering, compass building, water filtration and more!

13th - 17th October



Indigenous People

Discover the rich traditions of Indigenous cultures through a week of creative art, active play, and storytelling-inspired fun.

20th - 24th October



Diwali

Join us for a vibrant Diwali celebration filled with creativity, culture and fun. Decorate rangoli cupcakes, craft clay diyas and explore the festival of lights!

27th-31st October



Halloween

Get into the spooky spirit with this weeks Halloween fun themed activities, and fast paced fun.

3rd - 7th November



You're the Zest

Squeeze the day with a juicy mix of citrusinspired games, creative crafts, fizzy experiments, and a splash of DIY lemonade fun.

10th-14th November



Sprinkle Kindness

Celebrate the power of kindness with a week full of heartwarming activities, thoughtful gestures, and creative ways to make someone smile!

17th to 21st November



Disney Week

Step into the Hundred Acre Wood for a magical week of Disney fun with Winnie and Friends—packed with crafts, games, and imagination!

24th-28th November



On The Move

Celebrating World Transport Day as we explore the exciting ways people and goods travel across our communities and around the world!

1st -5th December



It's Legendary!

Experience myths and legends from all over the world with this week's mythical and magical theme.

8th-12th December



Animal Kingdom

Dive into the wild with hands-on fun, creative challenges, and animalthemed adventures that spark curiosity and bring nature to life!

15th-19th December



Christmas Week

Make spirits bright with our Christmas Week after-school programme

In addition to the weekly theme activities each week, we also have The Taste Factory every Monday from Week 2 to Week 7 and enjoy The Weekender Club every Friday throughout Term 4—all at no extra cost.

Just make sure to book on Mondays and Fridays to take part!

Check with your local SKIDS site for Term 4 school dates specific to your location.



