

# Whenuapai School

Airport Road, Auckland  
New Zealand



## Newsletter – 12 March 2024

Tena Koutou,

It's hard to believe we are now halfway through Term 1. As the days fly by and we embark on another exciting week filled with learning, growth, and discovery, we want to take a moment to highlight the invaluable partnership between home and school.

At Whenuapai School, we firmly believe that the collaboration between home and school plays a pivotal role in nurturing the success and well-being of our tamariki. When parents and educators work hand in hand, our tamariki flourish both academically and socially. Together, we form a powerful team dedicated to providing the best possible support and opportunities for each and every child.

Strengthening and maintaining the home-school connection is very important to us. Effective communication and collaboration between home and school are essential for creating a positive and enriching educational experience for our tamariki. We encourage whānau to stay actively involved in their child's education by:

- Regularly communicating with teachers regarding their child's progress, concerns, or any support needed.
- Participating in school events, meetings, and parent-teacher conferences to stay informed and engaged.
- Supporting their child's learning journey at home through activities, discussions, and encouragement.

By working together as a unified team, we can ensure that every child receives the personalised attention and support they need to thrive academically and emotionally.

A critical aspect of our partnership is maintaining consistency in behaviour expectations between home and school. While we acknowledge that each family may have different norms and rules, it's essential to emphasise that what is acceptable behaviour at home might not always align with the expectations in a school setting.

We kindly ask you to continue to reinforce our vision and core values of Mana (Respect Ourselves), Ako (Respect Learning), Kaitiakitanga (Respect Environment), and Kotahitanga (Respect Others). Since the start of the year, we have noticed a change in some of our student's language and use of negative degrading words. It is particularly noticeable when they become frustrated or upset, they resort to using these comments to put others down to make themselves feel better or elevate their status within their friend group.

Together, let's continue to foster a supportive and collaborative partnership between home and school, where our shared commitment to our tamariki's success shines through in all that we do.

Thank you for your continued support and dedication to our kura.

Ngā mihi, Adam Cels



**Whenuapai School**  
Living is Striving

## GETTING READY FOR SCHOOL

We are pleased to invite you to come and learn about how you can support your child, as they transition to school.

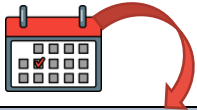
**Tuesday 19 March 2024**

**9:00 am - Snapshot of our Ākonga (Learners) in action.**  
This session will involve a presentation in the staffroom, followed by a classroom tour.

**7:00 pm - Evening Session**  
This session will involve a presentation in the staffroom, followed by examples of learning activities with some of our team available for questions.

Contact Us  
09 416 8779

[www.whenuapai.school.nz](http://www.whenuapai.school.nz)



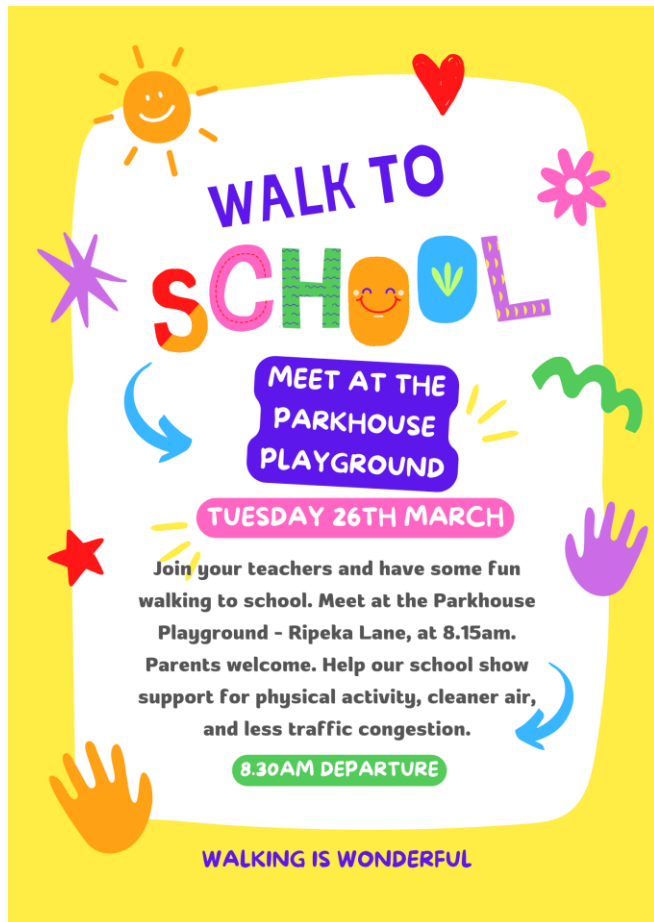
### Dates for your diary ....

<b>Monday – 18 March</b> NW Swimming Champs	<b>Monday – 01 April</b> Easter Monday – <b>No School</b>
<b>Thursday – 21 March</b> Tough Kid Event	<b>Tuesday – 02 April</b> Easter Tuesday – <b>No School</b>
<b>Tuesday – 26 March</b> Walk to School Day	<b>Sunday – 07 April</b> Shore to Shore Event
<b>Wednesday – 27 March</b> Year 7/8 Vaccinations	<b>Thursday 11 April</b> NW Tennis – Year 7&8
<b>Thursday – 28 March</b> FOW Bake Sale	<b>Friday – 12 April</b> Last Day of Term 1
<b>Friday – 29 March</b> Good Friday – <b>No School</b>	<b>Monday – 29 April</b> First Day of Term 2

### Join your teachers and walk to school!

When: Tuesday, 26 March 2024

Meet at 8.15am at the Parkhouse Playground.



*See you there!!*

## Swimming Sports 2024 - Results

Congratulations to our 2024 Swimming Champions:

Year	Swim Champion
Year 5 Girls	Molly Murch
Year 5 Boys	Matteo Lou
Year 6 Girls	Xanthe Peterson
Year 6 Boys	Fletchie Uren
Year 7 Girls	Tegan Fletcher
Year 8 Girls	Darcie Fletcher
Year 8 Boys	Walker Hamlyn

And thank you to our wonderful neighbours on the Air Force Base for the use of their amazing pool.

## Ramadan 2024

As we enter the month of Ramadan, we extend warm greetings to all of our families observing this significant time. Ramadan is the ninth month of the Islamic lunar calendar, marked by fasting from sunrise to sunset, prayers, and spiritual reflection.

This year, Ramadan in New Zealand is expected to start on the evening of Monday, 11 March 2024, and will conclude on the evening of Monday, 8 April 2024. During this period, many of our students and their families will be participating in fasting and engaging in acts of charity and kindness.

At Whenuapai School we recognise the importance of embracing diversity and understanding various cultural and religious practices. We encourage all members of our school community to show respect and support to those observing Ramadan.

As we celebrate the rich tapestry of cultures within our school, let us take this opportunity to foster understanding, empathy, and unity.

Wishing all those observing Ramadan a peaceful and fulfilling month ahead.



# PB4L – Positive Behaviour for Learning

Over the next few weeks, our whole-school PB4L focus will be:

- **'Mana' - Respect for Self** and
- **'Kotahitanga' - Respect for Others.**

Term 1 has been super busy and, as we reach the midpoint of the term, we are noticing many of our tamariki are feeling tired and overwhelmed as they manage the high temperatures, extra-curricular activities, sports events, and the mahi in the classroom. On occasion, this can make us less tolerant of others, we may find it more difficult to stop and think before we act, and we can easily become frustrated at ourselves and others. Self-control is the art of being the master of oneself, even when facing temptations and challenges. Learning to respect personal boundaries, and keep our hands and feet to ourselves, is an important social-emotional skill that helps all our tamariki develop positive relationships and creates a safe and respectful school environment.

## In the classroom this can look like:

- Wearing our correct school uniform.
- Listening to our kaiako.
- Collaboration and working together in a group.
- Sharing ideas and opinions.
- Listening to one another respectfully.
- Affirming others - recognising and acknowledging someone else's hard work.

## In the playground this can look like:

- Wearing our pōtae (sunhat).
- Sharing the equipment and taking turns.
- Respectful disagreement.
- Actively seeking support to resolve conflict.

## At home this can look like:

- Giving and receiving compliments.
- When there are disagreements, calmly discussing the issue and reaching a compromise or resolution.
- Learning to apologise - recognising that everyone makes mistakes.



[Real Parents](https://www.realparents.org.nz) is a great website for parents and whānau. It has been created by professionals and is full of useful tips and strategies to support our tamariki.



RESPECT FOR SELF

**MANA**

WHENUAPAI SCHOOL

PB4L Learner Capabilities



Self Manage

Be Resilient

Be Honest

Growth Mindset



RESPECT FOR OTHERS

**KOTAHITANGA**

WHENUAPAI SCHOOL

PB4L Learner Capabilities



Listen

Collaborate

Share

Value

Participate

## Tiny things we can do when it feels really stressy...



In moments of overwhelming stress, panic, and that swirl of our fight, flight, or freeze response, having quick go-to strategies can be a game-changer.

First things first, be kind to yourself. Find those words of self-encouragement that really resonate. Then, ground yourself to find some calm.

These little tricks aren't about avoiding big emotions or being scared of them. They're like anchors that help our brains shift from "it's all too much" to "I've got this" because, guess what? You totally do!

### Here are some ideas:

- **Deep Puku Breathing:** Count your breaths and say to yourself, "I'm breathing in" as you inhale, and "I'm breathing out" as you exhale. It helps us focus and gives our minds a distraction.
- **Feel Your Feet:** Tune into the sensation of your feet on the floor. It's like giving your brain a gentle nudge towards peace.
- **Explore Something:** Pick up an object nearby and really examine it. Feel its texture, inspect its details. This curious exploration can help quiet our minds.
- **Engage Your Senses:** Look around and notice what you can see, smell, taste, hear, and feel. Grounding ourselves in our environment helps us feel safer.
- **Bi-lateral Stimulation:** Move your body with left-right motions, like walking, or giving yourself a butterfly hug (cross your arms bringing them into you so your hands are on your chest and tap left, right repeating). This supports concentration, evokes a sense of calm and forces your brain to focus on something else.
- **Look Outside:** Nature has a magical way of soothing us. Take a moment to see what's out the window and let your senses come alive.

Remember, it's not about running away from overwhelm but finding ways to face it head-on. And hey, don't forget to combine your favourite strategies. They work best as a team!

Lastly, it's totally okay to let others know if you need support or just some time to breathe. Saying, "I'm feeling overwhelmed right now and need to calm down" can be incredibly powerful.

real parents manahau.

@realparentsnz  
www.realparents.org.nz

# KAHU CAMP OUT 2024



The Kahu camp out 2024 we all had lots of fun. After lunch we put up our tents—which we were sleeping in over night— so that after school we could get straight into the games. After school, we played a very wet game of dodge ball; the teachers were spraying us with the hose while we played. We also had a water fight. For dinner, we were split into groups of 8-10 and given a \$15 budget to plan our meals around. At the camp out, we prepared our dinners in the Whare waihunga—our kitchen— and cooked the meals on a camp stove. When we had all had dinner, we played animal survival and spotlight. Lastly, we got ready for sleep (this took a while) and got into bed. That night we all slept in tents on the field. We all had lots of fun and not much sleep. This meant that the next day at school we had a chill day and watched a movie in the after noon. The camp out was an exhilarating, fun, and exhausting experience.





For dinner we made sushi



My favorite part was putting up the tents



For dinner we made veggie wraps



# YEAR 7 & 8 NORWEST SOFTBALL

What an incredible day the Year 7 & 8 Whenuapai Softball team had competing in the Norwest tournament. They entered in the mixed grade, competing against 13 other kura from across West Auckland and did a phenomenal job! Throughout the day, they celebrated wins and losses, improved their skills, cheered each other on and finished with a draw for 9th place. They represented Whenuapai with mana and should be extremely proud of themselves!



YEAR 5/6

T  
E  
E  
B  
A  
L  
L



## NORTHWEST YEAR 5&6 TEE-BALL ZONE DAY

ROSEDALE PARK - 6TH MARCH

We took two teams this year. Our girls team defeated Waitakere and Don Buck School to place 4th in their division. In an incredible coincidence, our boys also defeated teams from Don Buck School and Waitakere School to finish 4th in their division!

Thanks so much to Heidi Murray and Karen Peterson for helping with transport and coaching.

## School Notices:

### Staff Professional Development – What’s been happening .....

Staff professional development is crucial for enhancing teaching practices. Thank you to all teachers and support staff for renewing their first aid certificates last week.



We have now commenced our whole school staff professional development program for reading instruction, in partnership with Massey University. This comprehensive program spans 80 hours of learning spread throughout the year. Our inaugural session was both engaging and focused on the teaching of letter sound acquisition and reading/spelling rules.



**SchoolDocs**  
Policies and Procedures

For our Policies and Procedures please visit  
SchoolDocs at: [www.schooldocs.co.nz/](http://www.schooldocs.co.nz/)

**User** – whenuapai **Password** – airport

Copyright: Except where stated, the content on this site is the copyright of SchoolDocs Ltd. It may not be reproduced without written permission from SchoolDocs.

**N  
O  
O  
D**

### Let's all Nood our Food

Please help us to reduce our landfill rubbish by making **Rubbish-free** (no plastic packaging) lunch boxes everyday. Thank you!



Soft plastic from kids lunchboxes at our school = Over 50% of our landfill bins, which we spend lot's of \$\$\$ to empty :( Please help us reduce this and demonstrate our school value of Kaitiakitanga / Respect for Environment

### Job Vacancy



#### Office Administrator & Grounds Keeper

**Are you interested in joining our amazing team?**

If you are a multi-talented individual who enjoys a varied role encompassing both administrative tasks and outdoor work, we want to hear from you!

We are seeking a versatile and enthusiastic individual to join our team as a **Support Staff Extraordinaire** at our new senior campus on Trig Road. This unique role offers a blend of indoor administrative duties and outdoor grounds keeping responsibilities, providing an exciting opportunity for someone who thrives in diverse work environments.

For more details click on the link below:

<https://www.seek.co.nz/job/74305891>



### 2024 Parent Handbook



There is a Parent Handbook available on our School website with lots of useful information.

You can check it out by clicking on the following link:

<https://www.whenuapai.school.nz/information/general->

**MUSIQHUB**  
PLAY SMART

### Music Lessons at Whenuapai School

Visit: <https://musiqhub.co.nz/>

**For more information, contact:**

Gloria Arboleda Martinez

0274 422 654

Gloria.arboleda@musiqhub.co.nz



## skids - Before and After School Care

**Accredited OSCAR Provider. Work & Income OSCAR Subsidy available!**

**BOOK NOW** at: [www.skids.co.nz/book](http://www.skids.co.nz/book)

search for Whenuapai








**10am - 2pm**  
**SUNDAY 24TH MARCH**

Kumeu Community Centre,  
35 Access Road, Kumeu


**Free Entry**

Preloved, vintage and upcycled clothing,  
accessories and homewares

**NEW**

**Book your Spot**

**Junior Development Clinics**



**NORTH HARBOUR HOCKEY 19, 20, 21**

**Harbour Development Clinics**  
Starting 5th March 2024  
Year 1-4 from 4:30 - 5:30pm  
Year 5-8 from 5:30 - 7pm

For more details email: [carey@harbourhockey.org.nz](mailto:carey@harbourhockey.org.nz)

**FUN STICKS & PRE-SCHOOL PLAY**

Calling all our youngest players! Fun Sticks is back for term 2 - starting Saturday 11th May

Register at [www.harbourhockey.org.nz](http://www.harbourhockey.org.nz)

**NORTH HARBOUR HOCKEY 19, 20, 21**

**YOUTH OFFERINGS**

School holiday programmes are back! Book your spot by heading to our website - under Current Programmes

**SCHOOL HOLIDAY PROGRAMME**

Register at [www.harbourhockey.org.nz](http://www.harbourhockey.org.nz)

**FOOTBALL LUNCH PROGRAMME**

**KIWI KICK STARS**

Whenuapai school

FUN FOOTBALL SESSIONS FOR BOYS AND GIRLS!!

[Click Here For More Info](#)

**2024 Shore to Shore**

Harcourts Cooper & Co




**SHORE TO SHORE**

**5KM FUN RUN/WALK**  
**7TH APRIL 2024**

[SHORETOSHORE.CO.NZ](http://SHORETOSHORE.CO.NZ) #SHORE2SHORE24

15th April - 26th April

SCRATCHPAD



Scan QR Code

**SCHOOL Holiday Programmes**

Make the most of your holidays with a fun-filled learning experience!

**BOOK NOW**

- Develop Games with Roblox
- Let us Code
- Minecraft - Develop your own Mods
- Minecraft Modding Junior
- Code that Robot using Mbot
- Introduction to Graphic Design
- Learn to Code in Python
- Let's Learn Makey Makey
- Code that Robot using Edison
- Introduction to Developing Websites
- Let us Learn 3D Printing
- Develop Games with Gamedemaker

(09)815 0825 | [www.scratchpad.co.nz](http://www.scratchpad.co.nz) | [info@albanyscratchpad.co.nz](mailto:info@albanyscratchpad.co.nz)

**UPPER WAITEMATĀ COASTAL CLEAN UP**  
Saturday 23rd March



Do you want to be involved in making a positive difference to the marine environment? We are organising a day of action for people on kayaks and on foot to head out and collect litter. We would love to see you there!!

7.30am - 11.00am  
Kayak based clean up  
Greenhithe Wharf

11.00am - 2.30pm  
Landbased clean up  
Multiple locations

Registration essential



<https://events.humanitix.com/coastal-clean-up>

**SUPPORTED BY**



free sausage sizzle

Fundraising for our service through sports trip to Samoa

**HOBSONVILLE POINT SPORTS HOLIDAY PROGRAMME**

**TERM 1 HOLIDAYS**  
**APRIL 15 - 17**  
**9:00AM - 3:00PM**

Ages 7-12 \$50 per person, per day

Limited spaces. First in first serve!

Hobsonville Point Secondary School

[tome.chan-chui@hobsonvillepoint.school.nz](mailto:tome.chan-chui@hobsonvillepoint.school.nz)

for more information and to be sent a registration form

Keep your kids active during the holidays by taking part in our sports based holiday programme.



**JUDO**

MONDAYS @ HPSS

CLASS 1: 3:45PM - 4:45PM

\$15 PER WEEK

**FIRST CLASS IS FREE**

