

Week 5 Home Learning This document is designed for those families remaining in their bubble in Level 3.

Please note:

Teachers will be available between 8am - 3.30pm to answer emails and approve learning posts. Some teachers in the team are providing supervision at school so may not reply immediately!

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| Maths Share one example on seesaw each week | Must do <ul style="list-style-type: none"> <input type="checkbox"/> Daily maths activity - here are some activities from TKI (NZ teachers website) with a weekly at home Maths plan for parents Year Two Year Three <input type="checkbox"/> Daily basic facts practice | Can do <ul style="list-style-type: none"> <input type="checkbox"/> Mathseeds <input type="checkbox"/> Number songs |
| Literacy Share one example of writing on Seesaw each week | Must do <ul style="list-style-type: none"> <input type="checkbox"/> Read one story daily on Sunshine Classics and complete activities for story <input type="checkbox"/> 15 mins daily writing ★ We love the website Pobble365 for Writing prompt pictures! Feel free to use these or come up with your own writing ideas. | Can do <ul style="list-style-type: none"> <input type="checkbox"/> Reading Eggs <input type="checkbox"/> Storyline Online <input type="checkbox"/> Own reading <input type="checkbox"/> Free choice writing <input type="checkbox"/> Practice spelling sight words |
| Fitness Get your body moving! | Cosmic Kids Yoga (Yoga/quiet movement) Jack Hartmann (learning through movement) Go Noodle | |

Inquiry focus: *How can we be our best self?*

1. Create your own fitness or P.E game. Draw and write a description.

- How many players?
- What are the rules of your game?
- What is the end goal of your game/ how do you win?

2. Design a well balanced meal.

Draw a meal that includes carbohydrates, protein and vegetables. Label your food items. Why have you chosen these food items for your well balanced meal?

3. Growth Mindset Art

Think back to our learning about growth mindset. Pick one word to describe yourself (e.g: I am brave, I am awesome, I am kind, I am proud, I am powerful or I am strong). Write your phrase in big bubble writing on a plain piece of paper. Decorate the background so it stands out on the page. Use lots of bright colours.

[Home learning channel rebroadcasts](#) - some amazing learning content on here!

Health and Wellbeing Bingo

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| <p>Make a fruit kebab! Write instructions to share with a friend so that they can make one too.</p> | <p>Create a fact file for different parts of your body. Draw a picture and include what they do for your body.</p> | <p>Make up a new dance routine. Practice your routine and perform it to those in your bubble.</p> | <p>How many basic facts can you do in a minute? Try again the next day. Did you beat your score?</p> | <p>Make up your own bootcamp routine to do in your backyard. Invite someone in your bubble to join in.</p> |
| <p>Go for a walk and count how many circles, triangles, rectangles that you see in nature.</p> | <p>Create your own wacky fruit or vegetable. Draw a picture and describe what it would taste/smell/look like?</p> | <p>Make your own body part fact quiz using what you already know. (e.g: Your heart is the size of your fist, true or false?)</p> | <p>Try a fruit or vegetable that you have never tried before.</p> | <p>Draw a food pyramid. Which food item goes at the top? Which food item goes at the bottom? Why?</p> |
| <p>Map out a new running course using your memory of our school. How many laps could there be?</p> | <p>Write a 'happygram' to a person in your bubble.</p> | <p>Free space!</p> | <p>Go for a walk and count how many types of birds you see. Did you find a Tui? Did you find a Fantail?</p> | <p>Mindful eating. Choose a fruit or vegetable. What does it smell/taste/feel like?</p> |
| <p>Design and explain your own app for a healthy body or healthy mind.</p> | <p>Make a recipe book with a few of your favourite foods to eat.</p> | <p>Cut a piece of food into halves and then quarters.</p> | <p>Find a quiet space and read your favorite story in your head.</p> | <p>Listen to some calming music and work on mindfulness. Take deep breaths and listen to the world around you.</p> |
| <p>Write a list of the things in your life that you are grateful for!</p> | <p>Make a 100 exercise challenge! 10 star jumps, 10 high knees, 10...</p> | <p>What do plants need to survive? Look after your family's house plants for a week.</p> | <p>Write an acrostic poem using your name. Fill it with nice words to describe yourself.</p> | <p>Watch a video about a body part you want to learn more about. Take notes.</p> |