

# Piwakawaka Week 5 Term 3 Home Learning

Please remember this is not mandatory, do what you can that works for you and your family.

<b>Maths</b>	<b>Most Important</b> <ul style="list-style-type: none"><li><input type="checkbox"/> Seesaw activity - daily word problem</li><li><input type="checkbox"/> Daily basic facts - Prototec <a href="https://maths.prototec.co.nz/">https://maths.prototec.co.nz/</a></li></ul>	<b>Can Do</b> <ul style="list-style-type: none"><li><input type="checkbox"/> Mathletics - <a href="https://www.mathletics.com/nz/">https://www.mathletics.com/nz/</a></li><li><input type="checkbox"/> Prodigy - <a href="https://play.prodigygame.com/">https://play.prodigygame.com/</a></li><li><input type="checkbox"/> Times tables - <a href="https://timestables.co.nz">https://timestables.co.nz</a></li></ul>
<b>Literacy</b>	<b>Most Important</b> <ul style="list-style-type: none"><li><input type="checkbox"/> Targeted daily Seesaw Video on Writing Skills</li><li><input type="checkbox"/> 15 mins daily writing (by hand). Possible prompts for writing: <a href="https://www.journalbuddies.com/journal_prompts_journal_topics/creative-writing-prompts-for-kids/">https://www.journalbuddies.com/journal_prompts_journal_topics/creative-writing-prompts-for-kids/</a>, <a href="https://www.pobble365.com/">https://www.pobble365.com/</a></li><li><input type="checkbox"/> Spellodrome</li><li><input type="checkbox"/> Read on Sunshine Classics and complete activities for story - <a href="https://www.sunshineclassics.co.nz/">https://www.sunshineclassics.co.nz/</a></li></ul>	<b>Can Do</b> <ul style="list-style-type: none"><li><input type="checkbox"/> Reading Eggs - <a href="https://readingeggs.co.nz/">https://readingeggs.co.nz/</a></li><li><input type="checkbox"/> Storyline Online/Epic - <a href="https://www.storylineonline.net/">https://www.storylineonline.net/</a> <a href="https://www.getepic.com/">https://www.getepic.com/</a></li><li><input type="checkbox"/> Own reading - post summary to Seesaw to tick off Hell Pizza Reading Wheel</li><li><input type="checkbox"/> Choice writing on Google Docs</li></ul>
<b>Fitness</b>	GoNoodle - <a href="https://app.gonoodle.com/">https://app.gonoodle.com/</a> Just Dance Videos on Youtube Walking/Biking/Running with family	

## Inquiry/Creativity Focus: Healthy Body, Healthy Mind

### 1. Create your own fitness or P.E game. Draw and write a description.

- How many players?
- What are the rules of your game?
- What is the end goal of your game/ how do you win?

### 2. Design a well balanced meal.

Draw a meal that includes dairy, carbohydrates, protein and vegetables. Label your food items. Why have you chosen these food items for your well balanced meal?

### 3. Growth Mindset Art

Think back to our learning about growth mindset. Pick one word to describe yourself (e.g: I am brave, I am awesome, I am kind, I am proud, I am powerful or I am strong). Write your phrase in a big bubble writing on a plain piece of paper. Decorate the background so it stands out on the page. Use lots of bright colours.

Please email your child's classroom teacher if you have any questions and they will get back to you between 3 and 5pm.

## Health and Wellbeing Bingo

<p>Make a fruit kebab! Write instructions to share with a friend so that they can make one too.</p>	<p>Create a fact file for different parts of your body. Draw a picture and include what they do for your body.</p>	<p>Make up a new dance routine. Practice your routine and perform it to those in your bubble.</p>	<p>How many basic facts can you do in a minute? Try again the next day. Did you beat your score?</p>	<p>Make up your own bootcamp routine to do in your backyard. Invite someone in your bubble to join in.</p>
<p>Go for a walk and count how many circles, triangles, rectangles that you see in nature.</p>	<p>Create your own wacky fruit or vegetable. Draw a picture and describe what it would taste/smell/look like?</p>	<p>Make your own body part fact quiz using what you already know. (e.g: Your heart is the size of your fist, true or false?)</p>	<p>Try a fruit or vegetable that you have never tried before.</p>	<p>Draw a food pyramid. Which food item goes at the top? Which food item goes at the bottom? Why?</p>
<p>Map out a new running course using your memory of our school. How many laps could there be?</p>	<p>Write a 'happygram' to a person in your bubble.</p>	<p>Free space!</p>	<p>Go for a walk and count how many types of birds you see. Did you find a Tui? Did you find a Fantail?</p>	<p>Mindful eating. Choose a fruit or vegetable. What does it smell/taste/feel like?</p>
<p>Design and explain your own app for a healthy body or healthy mind.</p>	<p>Make a recipe book with a few of your favourite foods to eat.</p>	<p>Cut a piece of food into halves and then quarters.</p>	<p>Find a quiet space and read your favorite story in your head.</p>	<p>Listen to some calming music and work on mindfulness. Take deep breaths and listen to the world around you.</p>
<p>Write a list of the things in your life that you are grateful for!</p>	<p>Make a 100 exercise challenge! 10 star jumps, 10 high knees, 10...</p>	<p>What do plants need to survive? Look after your family's house plants for a week.</p>	<p>Write an acrostic poem using your name. Fill it with nice words to describe yourself.</p>	<p>Watch a video about a body part you want to learn more about. Take notes.</p>