



# WHENUAPAI SCHOOL NEWSLETTER 4

14 Airport Road, Whenuapai Phone: 09 416 8779 Email: [office@whenuapai.school.nz](mailto:office@whenuapai.school.nz)

## A WORD FROM OUR PRINCIPAL...

Dear Parents and Caregivers

What an absolutely amazing couple of weeks we have had across all areas of school life. It has been wonderful to have so many family members in and out of the school supporting us in so many ways.

Last weeks 'celebration of cultures' was enjoyed by all, with our young people learning what it was like to walk in somebody else's cultural footsteps. Thank you to all our families for the way you engaged with us over the week, sharing your stories. Our parade on Friday depicted a cultural richness in our growing community. The food you provided for shared lunches was very much appreciated. Our children ate their way through the afternoon.

Your feedback on what we could do differently next year is welcomed, also any suggestions on other events we could explore this year. If you would like to continue to share your talents with us, please let us know.

This morning our children in Years 0-6 spent an enthralling hour with Deano of the Yipadee Stage Show. Deano's performance was engaging and I am sure your children will come home tonight wanting to share with you.

A very big thank you to our PTA and staff for putting on the disco's last Thursday for the children. A great night was had by all.

Today we began a trial of tipping the order of morning tea and lunch. Over the next two weeks the children will play first and then eat at the end of each break (10mins morning tea and 15mins for lunch eating). The children can continue to eat in their rooms, while they are learning, if they haven't finished. Evidence from other schools shows that: children eat more (especially the little ones), children are more settled after eating and there is less rubbish. Please talk to your children about how they are finding the change.

On Friday, we are joining the rest of New Zealand for Gumboot Friday – a day to think about our mental wellness. It is a mufti day and a coin donation – it doesn't need to be a gold one. Remember your gumboots.

Next Tuesday we will be sending out another link for you to complete the '2019 Inclusive Practices Survey'. This will be the third time we have administered it. The data and information we gain from the survey is invaluable and supports us to be the 'best we can be' for you and your children.

*Ko te ahurei o te tamaiti arahia o tatou mahi.  
Let the uniqueness of the child guide our work.*

Kind regards,

Raewyn Matthys-Morris, Principal

### ASSEMBLY DATES

**Friday 5<sup>th</sup> April**  
9.15am – Year 0/1 (Kea)

**Friday 12<sup>th</sup> April**  
9.15am – Year 2/3 (Tui)

**Monday 29<sup>th</sup> April**  
9.10 – Welcome Powhiri

**Friday 10<sup>th</sup> May**  
9.15am - Year 2/3 (Tui)

**Monday 13<sup>th</sup> May**  
9.10am – Year 4-8

**Friday 16<sup>th</sup> May**  
9.15am – Year 0/1 (Kea)

### DATES FOR YOUR DIARY

**Monday 29<sup>th</sup> April**  
9.10 – Welcome Powhiri

**Friday 12<sup>th</sup> April**  
Mufti Day  
PTA Lunch & Ice Block Bay

**29<sup>th</sup> April – 9<sup>th</sup> May**  
PTA Mother's Day Raffle

**Wednesday 8<sup>th</sup> May**  
Year 5-8 Orienteering

**Thursday 9<sup>th</sup> May**  
Ripper Rugby Tournament

**Wednesday 15<sup>th</sup> May**  
2nd Hand Uniform Sale  
6pm – BOT Meeting

**Friday 17<sup>th</sup> May**  
Pink Shirt Day

### TERM DATES

**Friday 12<sup>th</sup> April**  
Last day of Term 1

**Monday 29<sup>th</sup> April**  
First day Term 2

**Friday 5<sup>th</sup> July**  
Last day of Term 2

## PB4L – POSITIVE BEHAVIOUR FOR LEARNING

### WHENUAPAI SCHOOL VALUES



Respect Others



Respect Self



Respect Learning



Respect Environment



# SPORT

## Norwest Cricket

The Norwest Cricket competition for Year 7 & 8 was held on Wednesday 13<sup>th</sup> March at Huapai Domain. Whenuapai School had a girls team and a boys team represent the school. The weather made for ideal play and both teams did exceptionally well. The boys team played Taupaki, Hobsonville, Kaukapakapa and Waimauku in their pool. It was a mixture of some wins and losses but they improved across the course of the day and can be proud of their performances.

The girls team played Marina View, Hobsonville, Taupaki, Waimauku, Kaukapakapa and Helensville. The girls supported each other extremely well and showed excellent team spirit in every game. The school would like to thank all students for their participation and attendance at the competition. Also, a big thankyou to Kevin McFadgen that supported and assisted on the day with supervision of the boys team.

## Norwest Tennis

The Norwest Tennis tournament was held on Friday 22<sup>nd</sup> March at West Harbour Tennis Club. We had seven students competing. Jahvan Tuigamala Narayan, Jack Pringle, Travis Roberts, Payton Berry, Sophie Greentree, Tarion Bedding and Tonieka Hannon. All students learnt scoring and improved their performances across the day in both singles and doubles. Students are to be commended on their participation and willingness to give a new sport a go.

Thanks on behalf of Whenuapai School Sport and we hope that you enjoyed the day.

## Norwest Swimming

The Norwest Swimming event was held on Wednesday 27<sup>th</sup> March at West Wave Swimming Centre. We have seven students competing. Jack Peterson, Holly Christiansen, Kathryn Farac, Payton Berry, Taya Nasmith, Anka Pusich and Aston Coyle. All students competed extremely well both in their individual events and in the school representative relays. Jack Peterson is to be commended on making three finals in the Year 6 category. The school thanks all students for their participation and support of each other. A special thanks to the following parents that assisted who were Jelena Nasmith and Jan Peterson. Thanks on behalf of Whenuapai School Sport.

## Bombers Touch Season 2018/19 Season

On behalf of Whenuapai School I would like to thank all of the students that represented the Bombers touch teams across the 2018/19 season. It has been great to see the friendships formed between our players and also the respectful relationships they have demonstrated both in their personal and team performances. The players have been true ambassadors for the school and I hope they have enjoyed the experience of participating. Ultimately, I hope they have had fun. The final results were great and it was amazing to see the level of commitment during the finals games and the sportsmanship whether they won or lost. This respect for themselves, others, learning and our coaching environment has been consistent for the whole season which has been great to see.

Thank you to all parents for their support in allowing their son/daughter to represent the school and appreciate the commitment in getting the students to and from trainings and games. It has been great to see the high level of support towards the students and we as a school appreciate this and thank you.

A special mention to our parent leaders of the teams Kalama Cotter, Donna Walker, Kane Stratford, Garret Brown, Joel Nasmith, Jelena Nasmith and Kerry Berry. Apologies if I have left anyone out but you have all been leaders of our students in many ways and words can't express what you have done for the students. As each and every student has grown because of your input, guidance and kindness.

Attached below is a photo which sums up the season. It is the mighty Year 0-2 Bombers team and the future of our school and sport! The other photo is of the wonderful Norwest Softball Girls Team.



## PB4L

# POSITIVE BEHAVIOUR FOR LEARNING

### OUR SCHOOL VALUES

#### Our PB4L Focus for Term 1 Weeks 8-9

Whenuapai School is a PB4L School (Positive Behaviour for Learning). We teach behaviour through the use of our school values - **Respect Self, Respect Others, Respect Learning and Respect Environment.**

Every fortnight at the school hui we introduce a new values focus for the entire school to focus on. We then share our learning around this focus through photos at the next hui, and introduce our new PB4L focus.

Our current focus is **Respect for Environment** and in particular; **keeping our classrooms tidy** and **looking after our belongings.** As it was culture week last week, we also focused on **Respect for Ourselves** and our own culture and where we come from, as well as **Respect for Others** and the different cultures that make up New Zealand.

We would love for you to discuss at home what these mean and look like in and around your child's classroom and at home.



## HEALTH & WELLBEING

We would like to remind parents and caregivers about the spread of viruses in school. If your child is unwell please keep them home.

We have reported cases of nits and school sores in the school.

The Ministry of Health site has information on a number of conditions or illnesses that can be searched to help families understand what their child may have and what action should be taken. Please see a doctor if you are concerned.

<http://www.health.govt.nz/your-health/conditions-and-treatments/diseases-and-illnesses>

## GUMBOOT UP ON FRIDAY 5 APRIL!

We're asking you, your teachers and parents to wear gumboots to school in support of Gumboot Friday. Put your gumboots on and bring along a gold coin donation (if you can). All funds raised on the day will help provide free counselling to kids who need it.

Gumboot Friday is a new initiative by New Zealander of the Year, Mike King, and I Am Hope. We're aiming to raise \$2million for kids who need some mental health support. You can find out more about Gumboot Friday at [www.iamhope.org.nz/gumbootfriday](http://www.iamhope.org.nz/gumbootfriday)

Please encourage your friends, family and community to #GumbootUpNZ on 5 April!



## ANZAC DAY PARADE 2019

10.00am - Thursday 25th April

Whenuapai students and their families are invited to attend the Hobsonville RSA ANZAC Day Parade and Service on Wednesday, 25<sup>th</sup> April. The parade starts at Hobsonville School and finishes at Hobsonville RSA.

Students to assemble at Hobsonville Primary School at 10.00am.

Students must wear their school uniform.

Students will be laying a wreath on behalf of Whenuapai School.

Parents/caregivers are responsible for dropping off and collecting their children and will need to remain with their children for the duration of the parade.



# PTA NEWS

## 12<sup>th</sup> April - Hellers Sausage Sizzle, Mufti and Ice Block Day



To celebrate the end of Term 1 the PTA will be selling ice blocks for morning tea, and a sausage sizzle at lunchtime. Notices will go home soon with all the details; kids can wear mufti on the day, payments to be made on Kindo (<http://kindo.co.nz>). Thank you to Hellers for sponsoring the sausages!

### Hawaiian Disco

Mahalo and thank you to all the families who brought their kids out for a fun night last Thursday and to help raise funds for the PTA. Mahalo also to all the parents and teachers who helped out on Thursday night for the disco! We had a blast and the kids danced their little hearts out!!

### Wishlist

At our recent PTA meeting, we discussed the best use of the hard-earned money the PTA raises. We would love your feedback on any items that you would like to add to the PTA wishlist, and also whether you think that we should raise and save for a larger purchase. Please email Pam at [pta.whenuapai@gmail.com](mailto:pta.whenuapai@gmail.com) with your comments, or join us at the next PTA meeting on May 7th to bring your ideas to the table! All are welcome!



### Entertainment Books

You can now order your 2019-2020 Entertainment Books online. Hard copies of the books are available as well as digital copies. All information you need can be found at <https://www.entertainmentbook.co.nz/orderbooks/952m82>

The cost of an Auckland book is \$70. You are also able to purchase books from other regions such as Christchurch, Wellington, Dunedin and even Australia. If you have any questions please contact one of your PTA Teacher Reps, Stephanie Brook [stephanieb@whenuapai.school.nz](mailto:stephanieb@whenuapai.school.nz) or Hayley Moore [hayleym@whenuapai.school.nz](mailto:hayleym@whenuapai.school.nz)



### PTA ukuleles

The ukuleles provided to our school by the PTA have been put to good use! Room 24 have enjoyed learning how to hold these, how to strum and how to play some basic chords. New stickers on these will make it much easier to learn in future. The staff have even had a lesson on tips and tricks for teaching ukulele so we look forward to them being utilised even more! A huge thank you to the PTA for this wonderful purchase!

### KEY CONTACTS

Principal – Raewyn Matthys-Morris	<a href="mailto:rmatthys-morris@whenuapai.school.nz">rmatthys-morris@whenuapai.school.nz</a>
Deputy Principal – Carla Veldman	<a href="mailto:cveldman@whenuapai.school.nz">cveldman@whenuapai.school.nz</a>
SENCO - Sharron Buer	<a href="mailto:sharronb@whenuapai.school.nz">sharronb@whenuapai.school.nz</a>
HOD – Sport	<a href="mailto:gregb@whenuapai.school.nz">gregb@whenuapai.school.nz</a>
Board of Trustees	<a href="mailto:wsbot@whenuapai.school.nz">wsbot@whenuapai.school.nz</a>
PTA	<a href="mailto:pta.whenuapai@gmail.com">pta.whenuapai@gmail.com</a>
SKIDS After School Care	<a href="http://whenuapai@skids.co.nz">whenuapai@skids.co.nz</a>
<b>Team Leaders</b>	
Year 0-1 – Carli Michelsen	<a href="mailto:carlim@whenuapai.school.nz">carlim@whenuapai.school.nz</a>
Year 2-3 – Paige Chellew	<a href="mailto:paigec@whenuapai.school.nz">paigec@whenuapai.school.nz</a>
Year 4 – Jessica Powell	<a href="mailto:jessicap@whenuapai.school.nz">jessicap@whenuapai.school.nz</a>
Year 5-6 – Chris Groen	<a href="mailto:chrisg@whenuapai.school.nz">chrisg@whenuapai.school.nz</a>
Year 7-8 – Karl Ganda	<a href="mailto:karlg@whenuapai.school.nz">karlg@whenuapai.school.nz</a>

### ONLINE PAYMENTS

Any queries please contact Mr Tony Hitchcock at email: [thitchcock@whenuapai.school.nz](mailto:thitchcock@whenuapai.school.nz)

**Bank Account details:** 12 3085 0494188 00

**Reference:** Students Name

**Details:** The activity the payment is for

If you pay online for more than one activity or pay for more than one student and various activities, please email Tony detailing what payments are for.

Also payments can be made via our online school shop at [mykindo.co.nz](http://mykindo.co.nz)

For our Policies and Procedures please visit SchoolDocs at: [www.schooldocs.co.nz/](http://www.schooldocs.co.nz/) User- whenuapai Password- airport

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# LOCAL NOTICES:



Come and join our amazing  
**MARRZIPAN HOLIDAY WORKSHOP!**

Is your child shy? Do they feel intimidated by the idea of public speaking and performance? Do they sometimes find it difficult to make eye contact? Do they just need dedicated time per week to just be CRAZY?!

Come and join the revolutionary self-confidence programme - Marrzipan! We run awesome classes at schools, which focus on key life skills and public speaking ability. We play fun engaging games and perform at the end of term once to parents and once to the school. All scripts are original, engaging, educational and HILARIOUS. You can sign your child up for a Trial Lesson via our website [www.marrzipandrama.co.nz](http://www.marrzipandrama.co.nz)

(we have contact numbers on there too, should you prefer to talk to a human!)

## sKids Holiday Programme

for 5 to 13 year olds  
15 to 26 April 2019

Short Day	9am to 3pm	\$40
Trip Day	9am to 3pm	\$55
Premium Day	9am to 3pm	\$45
Before Care	7:30am to 9am	\$6
After Care	9pm to 6pm	\$9

**15 April - MON**  
**MINION PARTY**  
Come dressed to party and let the craziness begin!

**16 April - TUE**  
**LILIPUT - MINI GOLF & BEACH ACTIVITIES**  
Arrive by 9:15am. We are going to the Safer & T. Rex Mini Golf course as well as some activities at the beach (swimming)

**17 April - WED**  
**EASTER DAY**  
Join us for our Easter Day with an Easter egg hunt and other fun Easter activities!

**18 April - THU**  
**TRIP DAY**  
**FLIPPIN' FUN TRAMPOLINE PARK**  
Arrive by 9:30am.

**19 April - FRI**  
**CLOSED FOR GOOD FRIDAY**  
**Sorry WE'RE CLOSED**

**22 April - MON**  
**CLOSED FOR EASTER MONDAY**  
**Sorry WE'RE CLOSED**

**23 April - TUE**  
**PREMIUM DAY**  
**MASTERCHEF JUNIOR**  
Have you got what it takes to win the competition?

**24 April - WED**  
**TRIP DAY**  
**XTREME ENTERTAINMENT**  
Arrive by 9:15am. Wear Soft Indoor Playground and choice of Laser Tag, Tennis Bowling or Arcade Games.

**25 April - THU**  
**CLOSED FOR ANZAC DAY**  
**Let Us Forget ANZAC DAY 25 April**

**26 April - FRI**  
**NERF WARS**  
The battle is on! Versus your friends in the ultimate nerf war!  
**NERF**

\*Kids. Please bring your water bottle, morning tea, lunch and afternoon tea each day.\*  
\*Please see all the programmes for the times indicated on trip days.\*  
For more information, call 021 174 8473  
Email [Whenuapai@sKids.co.nz](mailto:Whenuapai@sKids.co.nz)  
Register now at [WWW.sKids.co.nz](http://WWW.sKids.co.nz) click on **Parent Login**  
MSD-Approved Work & Income NZ OSCAR Subsidy available!

Life's more fun on **SNOWPLANET** NOW RUNNING FOR 8 WEEKS!

# OPEN SCHOOLS

Learn to ski or snowboard and make new friends, all while having fun!

## WEDNESDAYS

8TH MAY - 26TH JUNE | 4:30pm - 5:30pm

\$34 per session  
\$272 entire term

Includes 1 hr Lesson, Snow Pass, Skis/Snowboard, Boots & Helmet.  
\$15 extra hour freeride

Groups available for First Timers, Beginners, Intermediate & Advanced.  
Suitable for ages 5-12

**CUT OFF DATE FOR BOOKINGS**  
1ST MAY 2019

**REGISTER NOW!**

For more information contact us at [schools@snowplanet.co.nz](mailto:schools@snowplanet.co.nz) | 09 427 0193 | <https://openschoolsterm22019.eventdesq.com>

### HOLIDAY PROGRAMMES

YMCA Massey Leisure Centre April 2019

Week 1	Week 2	Week 3	Week 4	Week 5	Week 6
<b>Week 1</b> 15-19 April 15:15-17:00 <b>YOGA</b> Join us for a fun and relaxing yoga session. Suitable for all ages and abilities. \$10	<b>Week 2</b> 22-26 April 22:15-24:00 <b>Art &amp; Design</b> Come and create your own Easter cards and more. Suitable for all ages and abilities. \$10	<b>Week 3</b> 29-30 April 29:15-31:00 <b>Chess &amp; Design</b> Join us for a fun and relaxing chess session. Suitable for all ages and abilities. \$10	<b>Week 4</b> 6-10 May 6:15-8:00 <b>Art &amp; Design</b> Come and create your own Easter cards and more. Suitable for all ages and abilities. \$10	<b>Week 5</b> 13-17 May 13:15-15:00 <b>Art &amp; Design</b> Come and create your own Easter cards and more. Suitable for all ages and abilities. \$10	<b>Week 6</b> 20-24 May 20:15-22:00 <b>Art &amp; Design</b> Come and create your own Easter cards and more. Suitable for all ages and abilities. \$10

### Things to know.....

Programme activities for 5am-5pm Before and After Care are available at each site for an additional fee.

YMCA Massey  
22 Wagon Road, Te Atatu Phone 09 833 8100

YMCA Primary School  
540 Donk Road, Wanganui Phone 06 833 8100

We are MSD approved and registered. Families may be eligible for the WINZ OSCAR Subsidy. Please contact your local Work and Income office or visit [www.income.govt.nz](http://www.income.govt.nz) for more information.

- Bookings are essential and payment is required upon booking. Email [programmes@ymca.org.nz](mailto:programmes@ymca.org.nz) or call 09 833 8100 for alternatives and cancellations.
- Children must be aged 5 and not yet 18 at the time of booking. Parents/guardians must be asked to check ID when collecting children - please do not be offended as it is for the safety of the children. For children making their own way before the programme we require an Unaccompanied Child form to be completed.
- If your child requires any special medications, these must be signed for and given to our programme staff. A medical form must be completed and medication can be taken by the original party bringing the child to our centre. All children must have an ongoing medical condition (eg. nut allergy/asthma) must provide the programme with a current Medical Management Plan.
- Children must be living with their family, parents, relatives, grandparents, aunts and uncles each day. An SPV (5+ sessions) will be provided by the YMCA and applied prior to outdoor activities. Start to April. If your child requires a specific sunscreen, please label it with your child's name and email along with your child each day.
- We take care with children's belongings but accept no responsibility for lost or misplaced items. Please name your child's belongings in any left behind items may be returned. All lost property will be held for 2 weeks after the programme before being donated to charity.
- All of our staff are trained in first aid and CPR. We have a first aid kit on site and a first aid officer.

**WINZ OSCAR** & YMCA provides inclusive programmes, services and activities for people with a disability.

**SAFEGUARDING CHILDREN**  
The program has been designed and implemented in accordance with the Child Protection Act 2004 and the Child Protection (Safety Checks) Act 2011. All staff and volunteers are screened and trained in safeguarding children.

## GIRLS ONLY CLUB RIPPA

Does your daughter want to play Girls Only Rippa this year?

Rugby season is coming around fast and soon your local club will be holding registration & muster days for Girls Rippas & Quick Rip (non-contact)

**Competition Information:**

- Saturday Morning
- 11<sup>th</sup> May - 31<sup>st</sup> August
- Home and away games
- + 2 festival days
- Grade Structure: (7 aside)
  - Under 9 - Rippa
  - Under 11 - Quick Rip
  - Under 13 - Quick Rip
  - Under 15 - Quick Rip (NEW)

For more information contact your local club for their registration dates, or Sarah McIlroy Women's Rugby Manager [sarah@harbourrugby.co.nz](mailto:sarah@harbourrugby.co.nz) 021 193 8716

INTERNATIONAL TENNIS COACH PRESENTS - HOLIDAY TENNIS CLINIC RIVERHEAD

Price: \$115  
Time: 8am - 3pm  
Date: 15th, 16th, & 17th April or 23rd, 24th, & 26th April

Contact Details: [tennisclicriverhead@gmail.com](mailto:tennisclicriverhead@gmail.com)  
Location: Riverhead War Memorial Park, 1087 Costesville-Riverhead Highway

Family Option: Two siblings attend for \$200  
Ages: 7 years and older  
24 Spots available  
Boys and Girls Welcome

**SKILLS YOU WILL LEARN**

- game strategy
- integrity
- patience
- discipline
- motivation
- focus
- perseverance
- and so much more.

## RIPPA RUGBY BOYS & GIRLS

We need you!  
Boys Rippa in '19 for the 1st time!

**KUMEU RUGBY**

[rugby.kjrc@gmail.com](mailto:rugby.kjrc@gmail.com) 021 037 5881

Designed By Joyden Alecich 11HCO

# Massey High School's 50th Anniversary

18th-19th Of October 2019  
A celebration of 50 years

To register please visit: [www.masseyhigh.school.nz](http://www.masseyhigh.school.nz)

SEEK THE HEIGHTS

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# PRINCIPALS' DIGESTS

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Newsletter

Volume 25 Number 16

## DANDELIONS AND ORCHIDS

**Many children are able to thrive in any environment, while others may flourish only under the most favourable conditions. While some children are powerfully affected by trauma, others are able to effectively weather adverse experiences, sustaining few, if any, developmental or health consequences.**



**Dandelion children** – About 80% of children are like dandelions who thrive in almost any environment. These children are mostly untroubled by the stresses and traumas they confront.

**Orchid children** – About 20% are like orchids and require very supportive environments to thrive. These children can succeed wonderfully well in the right circumstances.

**We've all seen dandelions, the resilient flower that can grow in the cracks in concrete and thrive in almost any climate.** Dandelion children can persevere through all kinds of challenges, including poverty, neglect and abuse. These children bounce back, keep growing, and aren't thrown off course by most situations.

**The opposite are orchid children who are especially sensitive to their environment.** Picky eating and noise sensitivity can be signs of an orchid, as can having a hard time with change or transitions, either large or small.

Dandelion children, the resilient breed, generally manage through their circumstances and aren't pulled too far down by bad environments or too far up by remedial programmes. Brain scans show orchid children are wired to respond dramatically to certain factors, so don't make a fuss about the physical ones. They need to grow up knowing their parents are confident in their abilities to survive. A supportive environment is not an overly protective one but one that tries to understand the challenges an orchid child faces and helps them learn to navigate the world.

Orchid children are more prone to illnesses, many of them respiratory. However, in the right environment orchids will experience less illness than dandelions, the children who have lower reactions to either positive or negative environments.

**Dandelion or orchid? Just like with any flower, it depends on where they're planted.**

Acknowledgement: "Orchids and Dandelions" by Thomas Boyce in *Psychology Today*, January/February 2019; Kristy Ramirez.